



Preferred Home Care Services

Independent Living Skills (ILS) (CADI, CAC, BI) is direct training from a staff person to address the identified skill development needs of a person in the areas of:

- Communication skills
- Community living and mobility
- Interpersonal skills
- Reduction/elimination of maladaptive behavior
- Self-care
- Sensory/motor development involved in acquiring functional skills.

Assistance and supervision may occur during the delivery of ILS training services; however, training must be the primary service provided.

ILS training must be provided in either the person's home or community settings typically used by the general public.

The following are examples of ILS training provided in the person's home and/or community setting:

- Learning how to cook in the person's kitchen
- Learning how to deposit money by going to a bank or ATM
- Using the bus system to learn how to ride a bus.

Independent Living Skills attendants will work with the client and Case Manager to identify need and best method to teach for best outcome, materials and settings used to provide ILS training to:

1. Increase the person's independence by teaching skills so tasks and activities can be performed with decreased dependence on caregivers

2. Increase the person's opportunities to interact with people without disabilities who are not paid caregivers
3. Provide daily schedules, routines, environments and interactions similar to those of people without disabilities of the same chronological age
4. Provide skill training in an environment where the skill will be used
5. Support development of decision-making skills and informed choices in all aspects of daily living, including selection of service providers, goals and methods, location and decor of residence, roommates, daily routines, leisure activities and personal possessions.